



Building collective resilience and strengthening learning communities

Nā tō rourou, nā taku rourou ka ora ai te iwi

With your food basket and my food basket the people will thrive

Foster long term collective resilience and improved wellbeing in your educational setting by participating in the Hauora | Wellbeing programme.

Tātai Aho Rau Core Education has partnered with New Zealand Institute of Wellbeing and Resilience (NZWIR) to design a programme for educators seeking to drive long-term, sustainable hauora | wellbeing - in a supportive and proactive way.

Join our programme and partner with Tātai Aho Rau Core Education to:

- Prioritise hauora | wellbeing within your educational setting.
- Work collectively to develop initiatives in order to drive wellbeing change effectively in your setting.
- Receive practical strategies and mentoring to build your internal wellbeing capability and lead effective change.

- Create an effective plan based on the priorities and context of your setting.
- Build a shared commitment to Hauora | Wellbeing within your learning community.

Hauora | Wellbeing focuses on the key factors of whanaungatanga, manaakitanga, and supportive care.



Find out more:

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